

Bio-identical Hormone Replacement Therapy Consultations

The Benefits to Bio-identical Hormones Replacement

Bio-Identical Hormones are hormones that are identical to the hormones that your body produces. This allows them to have the same effect on your body as your natural hormones. Bio-identical hormones are derived from plant sources and then converted into bio-identical hormones. Your body does this every day; it converts cholesterol into estrogen, progesterone and testosterone.

Drug manufacturers rely on exclusive patented medications to make huge profits. They cannot patent naturally occurring bio-identical hormones so they alter and chemicalize hormones in order to patent them. Altering the hormones makes them react differently in your body and so they have different side effect.

Dr. Leon Speroff MD and author of medical school text books states, "When a hormone's structure is altered, the hormone is no longer a hormone, but becomes a drug, possessing different effects and different side effects."

Let's look at what happens when you change adrenalin which is a natural neurotransmitter. When you make one change to adrenalin it becomes the drug Sudafed which is a nasal decongestant. When you make one change to Sudafed it becomes methamphetamine or Crystal-meth. When you make one change to methamphetamine it becomes Strychnine which is exterminator poison.

The Women's Health Initiative study looked at the effects of synthetic non-bio-identical drugs like Premarin and Provera

on the body. The study found that synthetic hormone replacement therapy increased patient's risk of stroke, heart attack, breast cancer, dementia, and blood clots.

What happens if you do nothing and let nature takes it course? When your hormones decline and your reproductive years are behind you Mother Nature wants to hurry you out of here. Without hormone protection metabolic aging accelerates and your body systems deteriorate. Before menopause women have almost no heart disease. After menopause women's risk of heart disease is higher than men's.

When estrogen, progesterone and testosterone are in balance either naturally or with Bio-identical Hormone replacement therapy women have a decreased risk of breast cancer, osteoporosis and heart disease.

Other benefits of well-balanced hormones include:

- Mood and memory improvements
- Less joint and muscle pain
- Increased collagen in the skin, blood vessels and bladder
- Decreased risk of uterine and breast fibroid
- Decreased risk of ovarian cysts
- Improved quality of sleep
- Less swelling and water retention

We are now offering private hormone replacement therapy consultations. If you would like to know more about bio-identical hormones or if you are interested in starting hormone replacement therapy yourself, talk to one of our pharmacists about scheduling your private hormone consultation.



Contact us today at 801-515-6048

or schedule an evaluation online at
www.mmpharmacy.com/hormones